



# Cricut Sublimation Workflow Checklist

*Master Every Machine Step-by-Step*



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## Step 1: Design in Cricut Design Space

 **Design Icon**  Create or upload your design  Mirror the design if needed  Use high-resolution PNGs  Add registration marks for Print Then Cut  **Tip:** Use AI tools like ChatGPT, MidJourney, or Canva AI for ideas and color palettes




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## Step 2: Print with Sublimation Printer

 **Printer Icon**  Load sublimation paper into printer  Verify printer settings for color and paper type  Let ink dry completely before pressing  **Tip:** Test a small sample when using new paper or ink



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## Step 3: Prepare Your Blank

 **Shirt Icon** /  **Mug Icon**  Choose polyester or polymer-coated blanks  Preheat briefly to remove moisture and wrinkles  Wrap mugs/tumblers with heat-resistant tape  Place protective sheet or butcher paper as needed  **Tip:** Ensure the blank surface is flat for consistent transfers



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## Step 4: Press Your Design

 **Heat Press Icon**  Use EasyPress, Mug Press, or Mini Press  Set temperature, time, and pressure per material  Place butcher paper/protective sheet between heat and design  **Tip:** Press in sections for larger items to avoid misalignment

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## Step 5: Cool and Finish

 **Cooling Icon**  Allow blanks to cool fully before removing transfer paper/tape  Inspect design for sharpness and vibrant colors  Wait to hand-wash mugs/tumblers until fully cooled  **Tip:** Track adjustments for different blanks in the notes section

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## Extra Tips for Pro Results

- Mirror designs where needed
  - Use butcher paper consistently to avoid scorch marks
  - Pre-test any new blank or design
  - Batch projects: organize designs, press times, and blanks
  - Try masking or multi-layer designs for advanced projects
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## Notes Section

- Material Type: \_\_\_\_\_
  - Press Settings (Temp / Time / Pressure): \_\_\_\_\_
  - Special Instructions: \_\_\_\_\_
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**Visual Style Suggestions:** - Colors: Pastel craft palette (soft pinks, blues, greens) with bright accent colors for headers - Fonts: Friendly, easy-to-read sans-serif for main text; bold playful font for titles - Icons: Flat icons for each step (computer, printer, shirt, mug, heat press, cooling) - Layout: Two-column optional (left: icons/checkboxes, right: instructions) - Extras: Subtle background patterns like craft paper or Cricut shapes