Sublimation Temperature Tracker

Log your best heat, time, and pressure for each tumbler brand and setup. Print and keep near your press.

Quick Reference (General Starting Points)

Tumbler Type	Temp (°F)	Time (min)	Pressure	Notes
Stainless Steel	380–400	6–8	Medium	Rotate in convection oven for even heat
Plastic (sublimation-safe)	350–375	4–6	Medium	Lower temp to prevent warping
Coated/Poly-coated	375–400	5–7	Medium	Follow manufacturer specs first

Session Details

Date:	Operator:	Batch/Order #:	
Ink Brand:	Paper Brand:	Printer Model:	
Press/Oven:	Calibration Dat	e: Room Temp/Humidity:	

Tumbler Test Log

Material	Capacity (oz)	Shape (Straight/Tapered	Wrap Type) (Shrink/Silicone)	Temp (°F)	Time (min:s)	Pressure	Preheat (Y/N)	Color Result /

Tip: Adjust in small steps, ±5°F or ±30s, and note exact changes that improved color or sharpness.