

QUICK REFERENCE CHEATSHEET

1. TEMPERATURE, TIME, AND PRESSURE GUIDE

Transfer Type	Temp rn	Pressure
DTF	285-315	10-15 (F)
HTV /	300-310	7-15
Screen-Print Transfers	380-0	Sotv head s: coold
Sublimation	388-40	Light- -mequm

Tip: If corners presse by 5-10%.

4. T-SHIRT PLACEMENT GUIDE (QUICK RULES)

Front Placement

Left chest 3-4 in from collar
Full front 2-3 in from-collar
Oversized front 1.5-2 in from collar

Back Placement

Full back 3-5 in below collar
Large back logo 3.5-4.5 in bewcollar

Sleeves

Center between sleeve seams
Ideal width-3-4 in

5. SHIPPING & PLANNING CHEAT-SHEET

Typical DTF suppliers: 1-3 business days production
Ninja Transfers: often same-day or next-day shipping on order time
Always order 10-20% extra for for testing
Keep a backup set of your most-used transfer sizes

2. DTF & NINJA TRANSFER SIZE GUIDE

Adult Shirt Sizes (Front Prints)

Left chest 3-4 in wide
Full front 10-12 in wide
Oversized front 12-14 in wide
Full back 11-14 in wide

Youth Sizes

Small front 7-8 in wide
Full front 8-10 in wide
Back print 8-10 in wide

Toddler

Front 5-6 in wide
Back 6-7 in wide

4. COMMON PEEL METHODS CHEAT-SHEET

Transfer Type	Peel Type
DTF	Warm or cold peel (brand dependent)
Vinyl HTV	Warm or hot peel
Screen-print transfers	Hot peel

Wrong peel timing account for nearly 40% of failed presses.