

Material	Temperature (°F)	Time	Pressure	Notes
Polyester shirts	385–400	45–60 sec	Firm	Cool flat to avoid ghosting
Aluminum photo panels	400	60 sec	Medium	Even heat is important
Ceramic mugs	380–400	180–200 sec	Firm	Use mug press
Acrylic	360–375	Short press	Light–Medium	Prevent warping
MDF or coated wood	385–400	60–90 sec	Medium	Check coating quality