POLYESTER SUBLIMATION PRESS-TEST CARD

Use supplier settings first. Record what your specific garment and transfer system do after pressing.

MANUFACTURER EXAMPLE / NOT A UNIVERSAL RECIPE

POLYESTER FABRIC	**400°F / 205°C**	**45 sec**	**Medium**
SAWGRASS STARTING POINT	Temperature	Time	Pressure

Check first: garment SKU, fiber label, paper/ink instructions and heat tolerance. A different garment or transfer system may require different settings.

FIBER CONTENT CHANGES THE LOOK, NOT THE HEAT FORMULA

FABRIC	EXPECTED APPEARANCE	NEXT DECISION
100% polyester	Often offers the brightest color potential.	Confirm the exact garment settings.
80–95% polyester	Color depends on the other fibers and finish.	Press and evaluate one sample.
65/35 poly blend	A softer or more muted look is possible.	Do not infer time or temp from %.
50/50 poly/cotton	Expect a more faded or vintage-style result.	Use a sample to judge acceptability.

Fabric examples describe typical visual behavior, not guaranteed results. No polyester percentage supplies a universal time, temperature or pressure setting.

BEFORE YOU PRESS

01 CHECK
Blank and transfer supplier instructions

02 PREP
Lint-roll; pre-press only if directed

03 PRESS
Secure transfer; use a protective sheet

04 INSPECT
Check pressed color, shine and ghosting

FIRST-PRESS TEST RECORD

Fill in by hand after printing

GARMENT BRAND / SKU

FIBER CONTENT + GARMENT COLOR

INK / PAPER / TRANSFER SYSTEM

HEAT PRESS MODEL / PROTECTIVE LAYER

SUPPLIER SETTING SOURCE

PRE-PRESS (IF INSTRUCTED)

TEMPERATURE (°F) / TIME (SEC)

PRESSURE / PEEL METHOD

RESULT ☐ PASS ☐ RETEST ☐ REJECT

NOTES / NEXT SINGLE CHANGE:

SOURCES Sawgrass Care: Heat Press Settings • BELLA+CANVAS: Sublimation on Poly-Blends

Example reviewed Nov 2026. Follow the actual blank and transfer manufacturer.